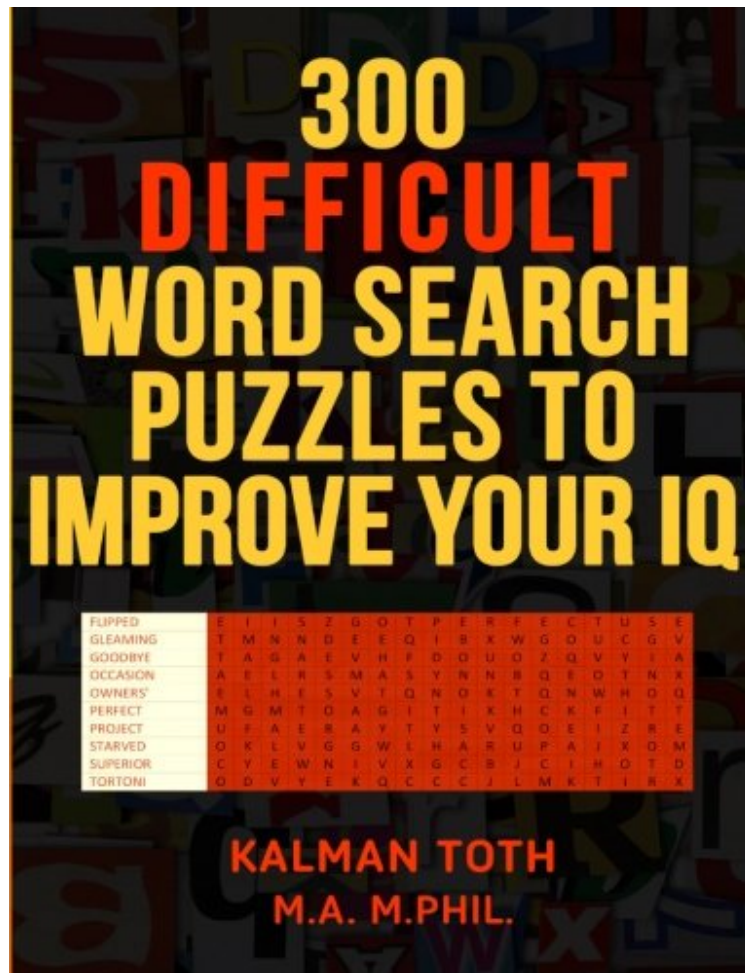


## 300 Difficult Word Search Puzzles to Improve Your IQ

*Kalman Toth*

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Success starts with a sharper mind! Pattern recognition is essential for intelligence. Increase your IQ for happiness,

satisfaction success in life! Prevent Alzheimer's with daily puzzle solving! Rejuvenate your brain! #1 Best Seller in difficult Word Search Puzzles. Increase your brain's effective IQ with daily Word Search puzzle solving. Your IQ (Intelligence Quotient) is considered the leading determinant of your financial and personal success. Puzzle solving cuts Alzheimer's risk - according to the latest scientific research! This book contains three hundred word search puzzles, with two puzzles on each page. The method for solving each puzzle should be familiar to you if you have worked word search puzzles before. However, the format is unique. Each puzzle has nineteen words listed in a vertical column. The word search puzzle is next to the list of words in a box of letter squares eighteen letters by eighteen letters. The solutions can be found vertically, horizontally, or diagonally, either forward or in reverse order.

**How to Solve Word Search Puzzles** In order to achieve success at any task, one needs to know the best way to accomplish the goal of that task. With word search puzzle solving, the goal, of course, is to solve the puzzle. To do so, there are a number of methods one can use. They are as follows: Take a Quick Look Glance at the puzzle and mark the ones you see immediately first. Develop a Strategy As you work your word search puzzle, a strategy will help you to work faster and more efficiently

- 1) Check beginning letters. One successful strategy is to look for the beginning letter of the word for which you are searching. Then look at the box immediately to the left and right, above and below, and in both diagonal directions for the remaining letters. At this point, you should see the complete word.
- 2) Work each row in one direction. For example, work all the rows across first. Then choose another direction, maybe backwards across. Continue until the puzzle is completed.
- 3) Work the list. Some word search puzzle solvers simply work down the list, looking for each word. Of course, you want to go ahead and mark any other words you see. Work in sections. Whichever method of solution you choose, work your word search puzzle in sections. You don't want to repeatedly do the same area of your puzzle. Take a break. If you get stuck, stop and come back to the puzzle later. Work cooperatively. You can work a puzzle as a cooperative effort. Working with someone else can be fun and make puzzle solving easier. Relax. Don't become frustrated. Each consecutive puzzle should get easier. Go with the flow. Have fun!

Puzzle solving is supposed to be an enjoyable activity. Remember to make it one. What Are the Benefits of Word Search Puzzles? Working word search puzzles provides many benefits for our minds. As mentioned previously, we can actually increase our effective IQ. Also, word search puzzles provide our minds with exercise for stimulation and maintenance. In addition, puzzles are good for your mind's cognitive (thinking and memory) development. These puzzles provide great opportunity improve the brain's overall health and longevity; there is less memory loss at advanced age, as well as delayed onset and reduced risk of conditions such as Alzheimer's disease. Scientific studies have found that our brains actually reorganize in response to new challenges; a word search puzzle provides such a challenge.

THE IMPACT OF ORDINARY ACTIVITIES LIKE LISTENING TO THE RADIO, READING NEWSPAPERS, PLAYING PUZZLE GAMES, AND VISITING MUSEUMS AFTER 4 YEARS, THE RISK OF DEVELOPING ALZHEIMER'S DISEASE WAS 47 PERCENT LOWER, ON AVERAGE, FOR THOSE WHO DID THE ACTIVITIES MOST OFTEN THAN FOR THOSE WHO DID THEM LEAST FREQUENTLY. NATIONAL INSTITUTE ON AGING.

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