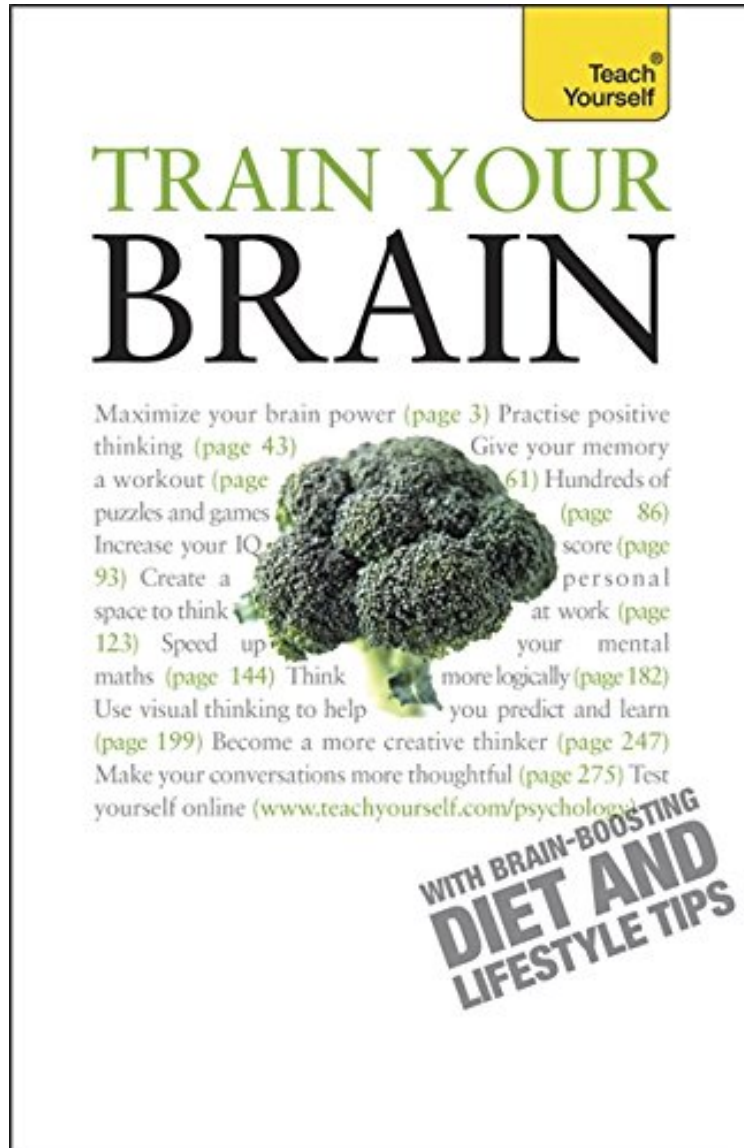


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Train Your Brain (Teach Yourself)

Simon Wootton, Terry Horne

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About the Author Terry Horne is a Senior Lecturer at Lancashire Business School. He is an expert on strategic thinking, problem-solving and decision-making, and has helped hundreds of professionals train to become sharper and more strategic managers. Simon Wootton is the Chief Executive of the Norton Group. He has a background in biochemistry and is an expert on brain chemistry. The two are joint authors of several self-help and business books.